

JOURNEYS OF WISDOM
OCTOBER INTENSIVE 2023
October 6-9, 2023
iamwisdom@attglobal.net

October 4 and 5

Mind-Body Energy Work

Holistic Coaching recognizes how the resonant frequency of our attachment issues create dysfunctional symptoms of the mind-body connection. In this program practitioners will learn the art of using healing frequencies to create a heterodyne effect with energy to bring forth the mind/body/spirit connection. We will experience healing frequencies of emotional attachments, heart opening, and the process of integrating functional energy to restore the soul.

October 6, 2023

Resolving Hidden Depression from Anxiety

What if we discover all humans carry reactive thoughts and behavior that create hidden depression from anxiety? What if we could discover the hidden secrets we keep to own the illusion of control through self-deception? In what way can we discover the hidden shame and fear of not trusting our own ego parts? Control dramas that keep us attached to loyal values of family that separate us from integrity of self? Through Holistic Coaching we will discover how ego parts hide from the anxiety of not meeting expectations from others or self.

October 7, 2023

How Ego Hides From True Intimacy

What if we discover intimacy from ego parts is associated with attachment and possession rather than vulnerability and integrity with self? What happens when we discover true intimacy with Higher Self cannot evolve until we teach lower self how to move beyond separation and into integration? What if intimacy is learning from our challenges of overwhelm rather than hiding with apathy and dissociation?

October 8, 2023

Deeper Aspects of Holistic Coaching Through Alchemy

How can we use the phenomenon of alchemy as a tool that invites turning shame and fear into compassionate wisdom for self and therefore with others? How can we use Holistic Coaching as a tool of witnessing and participating rather than trapped in the literal world of double-bind? If we can invite self and clients to consider questions that can shapeshift perceptions then perhaps the invitation to recognize our purpose of doing and being becomes more significant.

October 9, 2023

Finding Higher Wisdom From 37 Universal Laws

In our journey through this literal realm, what becomes possible when we find our human ego is stuck in the lower laws with attachment from family values? What if we could visit both Higher

and lower laws to consider the choice of vibrating in a new world of consciousness that brings the experience of living more than surviving?

Cost/day \$165.00. If prepaid for all 6 days \$900.00 Lunch Included
We have reduced the daily cost to compensate for travel costs
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