# JOURNEYS OF WISDOM HOLISTIC COACHING INTENSIVE

JANUARY 17-22, 2024

#### Cape Coral FL

Cost per day \$175, Complete Intensive (6 days) \$950. 10:00AM-6:00PM. Lunch provided.

#### Wednesday, January 17, 2024 BALANCING BODY ENERGY HOLISTICALLY

If the body expresses five levels of pain through a double bind conflict, how can Holistic Practitioners ask the body to express perceptions the human ego hides? What can we learn from stuck energy that compromises mind/body functions as a wake-up call for consideration? How do we discover why the mind benefits from hiding what body energy is willing to share? We will practice rituals of balancing energy to increase our confidence in practicing the work.

## Thursday, January 18, 2024 HETRODYNING HEALING FREQUENCIES OF MIND/BODY/SPIRIT

Hetrodyning is the process of combining frequencies to open third eye perceptions/intuition. We will learn how ego parts benefit from self-inflicted punishment and change frequencies that invite functional regeneration. We will focus on opening the Third Eye through the Pineal Gland by preparing ego parts to experience other realms of consciousness without overwhelm. We will learn benefits of using intuition to clear the defended ego.

## Friday, January 19, 2024 UNDERSTANDING THE CONSCIOUSNESS OF A SAGE THROUGH HOLISTIC COACHING

If we agree to participate in life as a Sage, can we invite others to experience the purpose of deception and thus suffering? Can we invite alchemy of a Higher Consciousness to become the teacher of wisdom? Can we express gratitude for the preparation, journey, and return of life? Can we embrace the purpose of our doing and being and the twelve archetypes that change the challenges into gifts?

#### Saturday, January 20, 2024 REPROGRAMMING STEM CELLS THROUGH CONSCIOUSNESS

What if we could reconfigure stem cells to improve body functions and immunity through the consciousness of intention? Can we organize body tissue for regeneration by shape shifting the vibration of energy? If we can rectify the illusion of control as a victim, then we become the vessel of enthusiastic functional energy for our mind/body/spirit, and with others.

#### Sunday, January 21, 2024 USING ART AND SYMBOLOGY FOR SELF-HEALING

If we can invite the mind to reclaim perceptions of trauma through the symbology and pictures in our mind, can we revisit hidden memories with new values? Then we can become the alchemist learning wisdom of ascension from our experiences of dissension. If we teach ego parts to embrace experiences as a powerful tool of transformation, we let ourselves out of our own incarceration.

Monday, January 22, 2024
INTEGRATING ASTROLOGY, NUMEROLOGY, TAROT CARDS AND HOLISTIC COACHING

What if we could find our destiny in new languages that invite self and others to realize the quest of our journey? Then can we listen to the consciousness of the Universe to teach us compassionate wisdom and purpose of our unique journey? Inviting new languages will help us realize our Higher Purpose of synchronicity and serendipity. We will practice and discover how the variety of these four disciplines can blend into passionate curiosity and discovery.

To register, contact 614-888-1240 or go to our JourneysofWisdom.com/store

Journeys of Wisdom – 614-888-1240 – Cape Coral, Florida and Columbus, Ohio <a href="mailto:iamwisdom@attglobal.net">iamwisdom@attglobal.net</a> – www.journeysofwisdom.com